

MOs/WMOs Duty Roster for the Month of May 2024 THQ Hospital Arifwala				
Department	Morning	Evening	Night	
	Mon to Sat	Mon to Sat	Mon, Tue, Wed	Thu, Fri, Sat
MAIN COD	Dr. Shahid Iqbal+MLC	Dr. Ameer Haider (2-10PM)	Dr. Arooj Aslam MLC cover	
	Dr. Maheen Farooq	Dr. Haider Ali	Dr. Saleha Aslam	Dr. Maheen Atta
	Dr. Kiran Ramzan	Dr. Salman Akram +MLC	Dr. Hassan Shahid+MLC	Dr. M Ahmad Arshad+MLC
			Dr. Aqsa Siddique	Dr. Farah Farooq
Gynea/Labor Room		Dr. Farkhanda Shahzadi+MLC	Dr. Kiran Anwar	Dr. Saman Iqbal
PEADS COD	Dr. Insram Shah	Dr. Atiq Rasheed	Dr. Muhammad Ahmad	Dr. Arslan Abbas
PEADS Ward	Dr. Anser Yousaf	Dr. Mujaddid Ul Haq		
MLC Cover (Female)	Dr. Rabia Shaheen Asghar (01th to 07th), Dr. Maria Yaseen, (08th to 14th) Dr. Tehreem Naz Akhtar (15th to 22nd), Dr. Sidra Athar (23th to 31th),			
OPD	Dr. Rana Sajid Ali Khan, Dr. Maria Yaseen, Dr. Aftab Sarwar, Dr. Somia Tariq			
Mental Health Clinic	Dr. Asif Mehmood			
NCD	Dr. Sidra Ather			
Hepatitis Clinic	Dr. Rabia Shaheen Asghar			
TB Dots	Dr. Shahid Aziz			
Radiology Incharge	Dr. Usama Ahmad			
Well Woman Clinic	Dr. Javeria Mumtaz Alvi			
BTO	Dr. Rabbia Rana			
Dialysis Dept	Dr. Nauman Aziz			
Anaesthesia Dep	Dr. Tahreem Naz Akhtar			
Note: No division or split of duty is allowed in each shift.				
Note: Mutual exchange of duties should be in writing and by the approval of MS office.				
Note: Doctor of night shift will arrange their replacement themselves with their colleagues.				
Note: doctor of OPD department will replace evening shift in case of evening doctor on leave				
Note: Two causal leaves may be availed per month after completion of all departmental formalities and every leave application must be noted by reliever with prior written intimation to undersigned.				
Note: COD doctor on duty will make round indoor and provide proper cover.				
Dr. Umer Sabir, Dr. Tahseen Ashraf, Dr. Faiza Aslam, Dr. Aniq Jaffery, Dr. Dilawar Anwar, are on leave				
Note: In case of three consecutive leaves in night shift, it will be considered 06 days leave and will be treated as per law.				

MEDICAL SUPERINTENDENT
THQ HOSPITAL ARIFWALA

Sunday Roster COD+Gynae+Peads May 2024 THQ Hospital Arifwala		
05-05-24		
	Morning (08:00am to 08:00pm)	Night (08:00pm to 08:00am)
General COD	Dr. Salman Akram + MLC cover	Dr. Farkhanda Shahzadi+MLC
	Dr. Rabia Shaheen Asghar+MLC	Dr. Haider Ali
Peads COD+Ward	Dr. Insrām Shah	Dr. Mujaddid Ul Haq
Labor+Gynea	Dr. Somia Tariq	Dr. Aqsa Siddique
12-05-24		
	Morning (08:00am to 08:00pm)	Night (08:00pm to 08:00am)
General COD	Dr. Usama Ahmad+MLC	Dr. Kiran Ramzan+MLC
	Dr. Maria Yaseen+MLC	Dr. Aftab sarwar
	Dr. Tahreem Naz Akhtar	
Peads COD+Ward	Dr. Saleha Aslam	Dr. Muhammad Ahmad+MLC
Labor+Gynea	Dr. Maheen Farooq	Dr. Farah Farooq
19-05-24		
	Morning (08:00am to 08:00pm)	Night (08:00pm to 08:00am)
General COD	Dr. Rana Sajid Ali Khan	Dr. Muhammad Ahmad Arshad+MLC
	Dr. Shahid Iqbal+MLC	Dr. Aniqā Jaffery+MLC
Peads COD+Ward	Dr. Anser Yousaf	Dr. Arslan Abbas
Labor+Gynea	Dr. Javeria Mumtaz Akhtar+MLC	Dr. Saman Iqbal
26-05-24		
	Morning (08:00am to 08:00pm)	Night (08:00pm to 08:00am)
General COD	Dr. Sidra Athar+MLC	Dr. Hassan shahid +(MLC Cover)
	Dr. Ameer Haider	Dr. Arooj Aslam+MLC
	Dr. Tahseen Ashraf	Dr. Dilawar Anwar
Peads COD+Ward	Dr. Atiq Rasheed+MLC	Dr. Mujaddid Ul Haq
Labor+Gynea	Dr. Maheen Atta	Dr. Kiran Anwar
IMPORTANT: No division/splitting in duty hours is allowed in any shift and any duty place otherwise he/she will be responsible for consequences.		
NOTE: No Day Off is allowed against Duty on Sunday		
Note: Night duty doctor to ensure duty according to the roster i.e. on alternative days		
Note: Mutual exchange of duties should be in writing and by the approval of MS office.		

**MEDICAL SUPERINTENDENT
THQ HOSPITAL ARIFWALA**

DUTY ROSTER EMERGENCY DEPARTMENT FOR THE MONTH OF MAY 2024 THQ HOSPITAL ARIFWALA			
MORNING 8:00 AM To 2:00 PM			
SR	Name	Days	Designation
1	Zubair Hussain	Monday to Saturday	Dispenser
2	Atiq ur Rehman W/S + (Oxygn Maintenance Duty)	Monday to Saturday	W/S
EVENING 2:00 PM To 8:00 PM			
SR	Name	Days	Designation
1	Hassan Irshad	Monday to Saturday	Dispenser
3	Muhammad Irshad(Oxygn Maintenance Duty)	Monday to Saturday	W/ S
NIGHT 8:00 PM TO 8:00 AM			
SR	Name	Days	Designation
1	Muzafar Iqbal	Monday to Wednesday	Dispenser
2	Naveed Amir	Thursday to Saturday	Dispenser
3	M. Tariq+ (Oxygn Maintenance Duty)	Monday to Saturday	W/S
1	Muhammad Arshad Dispenser will perform his duty in NCD Clinic		
2	Manzoor Hussain, Dispenser will perform his duty in TB Dots Clinic		
3	M Yaqoob, Dispenser will perform his duty at Madina Dispensary.		
4	Rana Iftikhar Dispenser will perform his duty in OPD pharmacy.		
Notes: The ward servant of each respective shift will be responsible for maintenance and uninrpted supply of oxygn			
NOTE: Dispensers of night shifts will replace each other in case of leaves.			

**MEDICAL SUPERINTENDENT
THQ HOSPITAL ARIFWALA**

SUNDAY DUTY ROSTER FOR THE MONTH OF MAY 2024 EMERGENCY					
DEPARTMENT THQ HOSPITAL ARIFWALA					
1st Sunday 05/05/2024					
MORNING (8:00 AM To 08:00 PM)			NIGHT (8:00 PM TO 8:00 AM)		
SR	Name	Designation	SR	Name	Designation
1	Nadeem Aziz (08:00AM to 02:00PM)	Dispenser	1	Naveed Amir	Dispenser
2	Hassan Irshad (02:00pm to 08:00pm)	Dispenser	2	M Tariq	W/S
3	M Irshad	S/W	3		
2nd Sunday 12/05/2024					
MORNING (8:00 AM To 08:00 PM)			NIGHT (8:00 PM TO 8:00 AM)		
SR	Name	Designation	SR	Name	Designation
1	Manzoor Hussain (08:00am to 02:00pm)	Dispenser	1	Muzafar Iqbal	Dispenser
2	Rana Iftikhar (02:00pm to 08:00pm)	Dispenser	2	Sajid Hussain	C/D
3	Ali Ahmad	W/S	3		
3rd Sunday 19/05/2024					
MORNING (8:00 AM To 08:00 PM)			NIGHT (8:00 PM TO 8:00 AM)		
SR	Name	Designation	SR	Name	Designation
1	Zubair Hussain(08:00am to 02:00pm)	Dispenser	1	Naveed Amir	Dispenser
2	Hassan Irshad (02:00pm to 08:00pm)	Dispenser/OTA	2	Amanat Ali	S/W
3	Atiq Ur Rehman	W/S	3		
4th Sunday 26/05/2024					
MORNING (8:00 AM To 08:00 PM)			NIGHT (8:00 PM TO 8:00 AM)		
SR	Name	Designation	SR	Name	Designation
1	Muhammad Arshad(08:00am to 02:00pm)	Dispenser	1	Muzafar Iqbal	Dispenser
2	Rana Iftikhar (02:00pm to 08:00pm)	Dispenser	2	Muhammad Naem	W/S
3	Ahmad Mukhtar Dawood	W/S	3		

Medical Superintendent
THQ Hospital Arifwala

Duty Roster All Staff Nurses (May 2024) THQ Hospital Arifwala						
Head Nurse		Name			Shift	
		Parveen Inayat			Morning	
		Khalida Parveen			Morning	
Department	Morning	Day Off	Evening	Day Off	Night	Day Off
Emergency	Shagufta Munir	Sunday	Noureen Iqbal	Monday	Fozia Anjum (R)	Monday
	Asma Ghafoor	Friday	Khalida Parveen (R)	Tuesday	Razia Parveen	Tuesday
	Sumera Fatima	Sunday	Aqsa Sabir	Sunday	Saweela Munir	Wed
	Saima Abbasi	Thursday	Nadia Munawar	Friday	Noureen Kousar	Thursday
Indoor	Ayesha Aslam	Sunday	Rabia Basri	Saturday	Rehana Jabeen	Friday
	Rida Musa	Friday				
Peads Ward	Zahida Parveen	Sunday	Misbah Rani	Sunday	Sana Akhtar	Sunday
	Rukhsana Ahmad Yar	Wed	Khushnood Fatima(R)	Saturday	Tehzeeb Kehkasha (R)	Saturday
	Hina Fatima	Thursday				
	Samia Sarwar (R)	Saturday				
Peads COD	Sobia Tufail	Sunday	Misbah Murtaza	Friday	Amina Munir	Monday
	Aliya Rajab	Tuesday	Shazia Tariq	Thursday	Nadia Shakir	Tuesday
Labor Room	Ghazala Abdul Haq	Sunday	Kainat Jabeen	Sunday	Shagufta Noor	Sunday
Dialysis	Sajida Parveen	Sunday	Sumaira Ghafoor	Sunday		
	Shaista Saleem	Sunday				
Gyne OPD	Ayesha Mussarat	Sunday				
	Sajida Ghulam Rasool	Sunday				
Gynea OT	Shakila Abdul Ghafar	Sunday				
	Shabnam Taj	Sunday				
OTP+Peads	Zarina Muhammad Ali	Sunday				
General OT	Maria Shaheen	Sunday				
	Zahra Kanwal	Sunday				
NCD Clinic	Arooj Fatima	Sunday				
	Reena Jabbar	Sunday				
Hepatitis Clinic	Iram Akram	Sunday				
QMS	Fatima Hashim	Sunday				
Well Woman Clinic	Samia Tariq	Sunday				
Iqra Fareed, Fakhra Faiz, Ayesha Ghulam Nabi, Sadaf Rasheed on leave and Farah Javed, Qurrat ul Ain, Mehwish Louqman on absent						
Rabia Shahzadi on general duty						
On duty Staff Nurse will be responsible for infection control and waste management SOPs implementation in night shift.						
On duty Staff Nurse will be responsible for infection control and waste management SOPs implementation in evening shift.						

HEAD NURSE
THQ Hospital Arifwala

Medical Suprintendent
THQ Hospital Arifwala

GYNEA/LABOR ROOM ROSTER MAY 2024			
Department	Morning	Evening	Night
EPI	Fozia Arif LHV+ (Evening reliever)	Shabana Rani LHV+(Labor Room)	Tahira Naseem M/W+Labor Room
Gynae OPD	Ayesha Mussarat C/N		
	Sajida G Rasool C/N		
	Nosheen Bibi N/Q		
Labor Room+Ward	Ghazala Abdul Haq C/N	Kainat JabeenC/N	Shagufta Noor C/N
	Saba Yaqoob LHV	Iffat Hashim	
	Rabia bibi Dai		
	Sumaira Bibi S/W		
Gynea OT	Shakila Abdul Ghafar C/N		
	Shabnam Taj C/N		
Sunday Roster Labor Room May 2024			
Date	Morning	Evening	Night
05-05-24	Ghazala Abdul Haq C/N	Kainat JabeenC/N	Shagufta Noor C/N
	Nosheen Bibi		
12-05-24	Ghazala Abdul Haq C/N	Kainat JabeenC/N	Shagufta Noor C/N
	Sumaira Bibi S/W		
19-05-24	Saba Yaqoob LHV	Kainat JabeenC/N	Shagufta Noor C/N
	Nosheen Bibi		
26-05-24	Saba Yaqoob LHV	Kainat JabeenC/N	Shagufta Noor C/N
	Rabia bibi Dai		

**MEDICAL SUPERINTENDENT
THQ HOSPITAL ARIFWALA**

DUTY ROSTER OF PEADS COD+WARD THQ HOSPITAL ARIFWALA MAY 2024**DUTY ROSTER OF WARD SERVANT**

Duty Place	Morning	Evening	Night
Peads Ward	Shahzad Kashif	Nadeem Khadim	Shahid Masih
Peads COD	Naqash Raja	Iffat Hashim	

SUNDAY DUTY ROSTER WARD SERVANT**Morning (08:00am to 08:00pm)****Night (08:00pm to 08:00am)****1st Sunday 05-05-2024**

Shahzad Kashif

Shahid Masih

2nd Sunday 12-05-2024

Iffat Hashim

Nadeem Khadim

3rd Sunday 19-05-2024

Naqash Raja

Shahid Masih

4th Sunday 26-05-2024

Iffat Hashim

Nadeem Khadim

**MEDICAL SUPERINTENDENT
THQ HOSPITAL ARIFWALA**

INDOOR ROSTER MAY 2024 THQ HOSPITAL ARIFWALA

Name	Designation	Shift
Shahid Mehmood	W/S	Morning
Waseem Hassan	C/D	Evening
Azhar Hassan	W/S	Night
Sunday Roster		
Morning	Night	
05-05-24		
Waseem Hassan W/S	Muhammad Azhar T/O	
12-05-24		
Allah Ditta S/W	Azhar Hassan W/S	
19-05-24		
Shahid Mehmood W/S	Muhammad Azhar T/O	
26-05-24		
Tanveer Sajid (bearer)	Azhar Hassan W/S	
Notes: The ward servant of each respective shift will be responsible for maintenance and uninterrupted supply of oxygen		

**MEDICAL SUPERINTENDENT
THQ HOSPITAL ARIFWALA**

Duty Roster Phathology & Blood Bank May 2024 THQ Hospital

Morning

Sr.No	Name	Designation	Contact	Time
1	Ijaz Shakeel	Lab Tech.	3008752877	08:00am to 02:00pm
2	Muhammad Rafique	Jounior Lab Tech.	3216535982	08:00am to 02:00pm
3	Sardar Ahmad Shah	Jounior Lab Tech.	3072660235	08:00am to 02:00pm
4	Abdul Raouf	Ward Servant	3048178101	08:00am to 02:00pm
5	Ashir Niaz	Ward Servant	3006928372	08:00am to 02:00pm
6	M Imran (Blood Bank)	Junior Lab Tech	3027256196	08:00am to 02:00pm

Evening

1	Adnan Masih (Lab & Blood Bank)	Jounior Tech.	3037632754	02:00pm to 08:00 pm
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Night

1	Abdul Rehman	Helper		08:00pm to 08:00am
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Sunday Roster Phathology

Sr.No	Sunday on dated	Name	Designation	Time: 8am to 8pm
1	01-05-24	M Rafique	Jounior Lab Tech.	do
2	05-05-24	Adnan Masih	Jounior Lab Tech.	do
3	12-05-24	Imran Rafique	Jounior Lab Tech.	do
4	19-05-24	Sardar Ahmad Shah	Jounior Lab Tech.	do
	26-05-24	Adnan Masih	Jounior Lab Tech.	08:00am to 02:00pm
5	26-05-24	Imran Rafique	Jounior Lab Tech.	02:00pm to 08:00am

Note: Mr. M Imran Rafique will responsible for COVID-19 sampling in addition to with his own duty in THQ Hospital Arifwala (3027256196)

MEDICAL SUPERINTENDENT
THQ HOSPITAL ARIFWALA

**Duty Roster for Dialysis Department THQ Hospital Arifwala for
the Month of May, 2024**

Sr. No	Name	Designation	Shift
1	Dr. Nauman Aziz	Medical Officer	Morning
2	Mst. Shaista Saleem	Charge Nurse	Morning
3	Mst. Sajida Parveen	Charge Nurse	Morning
4	Mr. Muhammad Shakil	S/W	Morning
5	Mr. Nadeem Aziz	Dispenser	Evening
6	Mst. Sumaira Ghafoor	Charge Nurse	Evening
7	Mr. Atta Ullah	N/Q	Evening

**MEDICAL SUPERINTENDENT
THQ HOSPITAL ARIFWALA**